

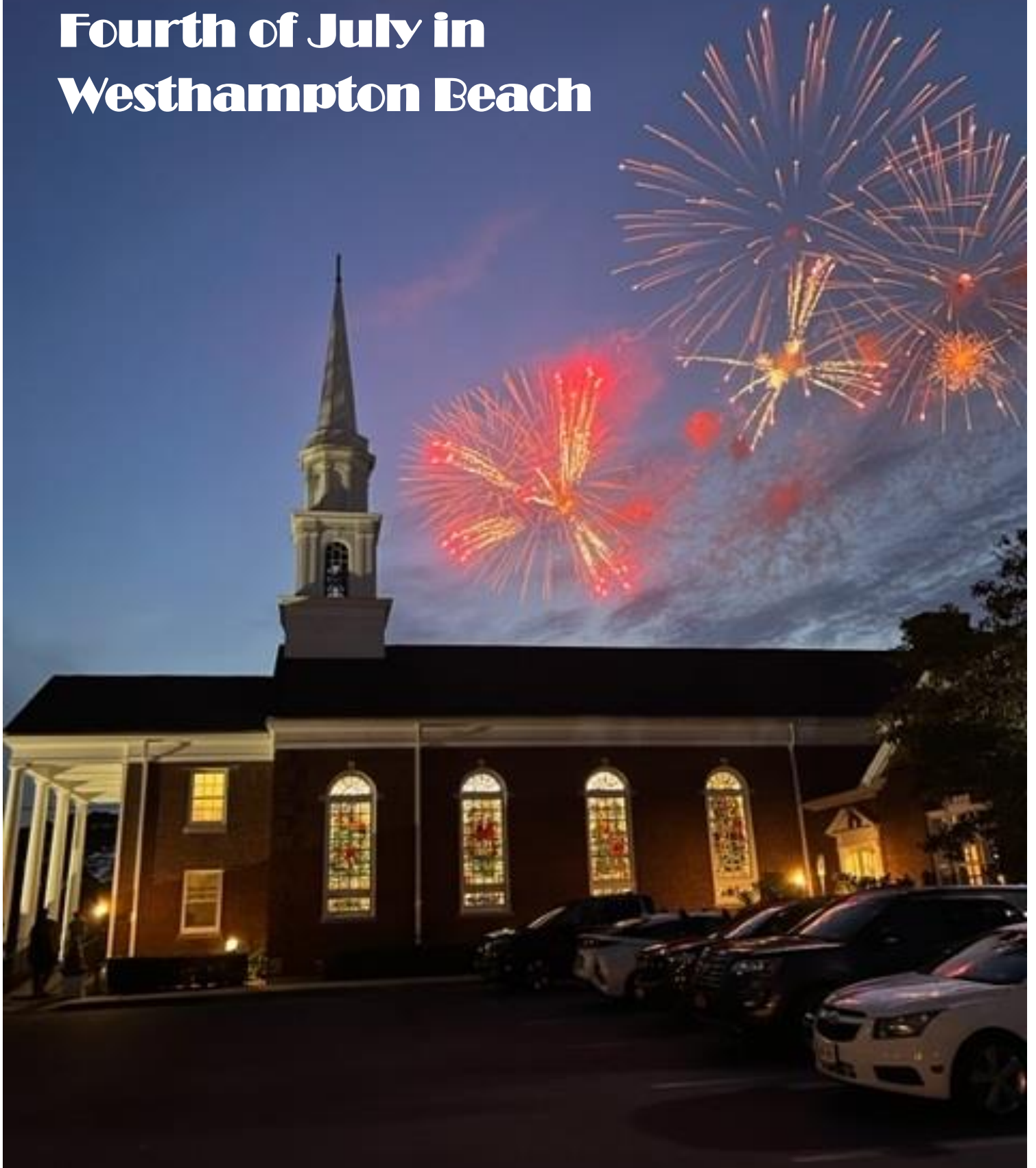


SAINT MARK'S EPISCOPAL CHURCH

ALION'S SHARE

JULY 7, 2023

Fourth of July in Westhampton Beach



ICE CREAM SOCIAL

FRIDAY, JULY 7, 2023

6:30 P.M.

SAINT MARK'S PARISH HALL



Come meet our new
Preschool Director
Rosanna Davis and
enjoy some delicious
ice cream too!

THE LITURGICAL GUIDE AND MINISTRY SCHEDULE

Liturgical Day & Color	July 1-2, 2023 5 Pentecost Proper 8A	July 8-9, 2023 6 Pentecost Proper 9A	July 15-16, 2023 7 Pentecost Proper 10A	July 22-23, 2023 8 Pentecost Proper 11A
Lectionary Readings (Revised Common Lectionary)	Jeremiah 28:5-9 Psalm 89:1-4,15-18 Romans 6:12-23 Matthew 10:40-42	Zechariah 9:9-12 Psalm 145:8-15 Romans 7:15-25a Matthew 11:16-19, 25-30	Isaiah 55:10-13 Psalm 65: 9-14 Romans 8:1-11 Matthew 13:1-9,18-23	Isaiah 44:6-8 Psalm 86:11-17 Romans 8:12-25 Matthew 13:24-30,36-43
	Saturday 5:00 p.m.	Saturday 5:00 p.m.	Saturday 5:00 p.m.	Saturday 5:00 p.m.
LEM	Carol Jubinski	Sundy Schermeyer	Virginia Gilmore	John Kern
Lector	Carol Jubinski	Sundy Schermeyer	Virginia Gilmore	John Kern
Altar Guild	Freear Pollard	Freear Pollard	Diane Stewart	Freear Pollard
	Sunday 10:00 a.m.	Sunday 10:00 a.m.	Sunday 10:00 a.m.	Sunday 10:00 a.m.
LEM	Virginia Gilmore	John Kern	Rob Perdock	Madeline Glover
Lector	John Andren	Matthew Kern	Barbara Pettus	Carol Fitton
Greeter/Ushers	Steve DeCaro Tom Horan	Rich Caccavano Paul Okula	Kurt Hofmann Edie Hofmann	Steve DeCaro Sandy Wyman
Altar Guild	Lee Wadelton Diane Feil	Laura Bott Louise Reeves	Catharine Nobiletti Edie Hofmann	Victoria Garcia Ashley McLean

SERVICES AT SAINT MARK'S

WEEKENDS (SUMMER SCHEDULE)

Saturdays at 5:00 p.m.

Sundays at 10:00 a.m.

THURSDAYS

11:00 a.m. Holy Eucharist with prayers for healing

*Baptisms, Weddings, and the Sacrament
of Reconciliation by Appointment*

FR. CHRIS JUBINSKI

Office: 631.288.2111

Cell: 410.253.3664

chris.jubinski@stmarkswhb.org



EPISCOPAL DIOCESE OF LONG ISLAND

www.dioceseli.org

To see the readings for the next two Sundays,
click on the links at the top of the schedule on this
page

or visit lectionarypage.net

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>25 4 Pentecost (Proper 7) 9:15am Choir Practice 10:00am Holy Eucharist 11:00am Coffee Hour</p>	<p>26 Isabel Florence Hapgood, Ecumenist, 1928 Parish Office Closed</p>	<p>27</p>	<p>28 Ireneaus of Lyons, Bishop and Theologian, c.202 7:00pm Alanon</p>	<p>29 St. Peter & St. Paul, Apostles 10:00am Bible Study 11:00am Holy Eucharist with Prayers for Healing 12:30pm Threshold Singers Choir Practice</p>	<p>30 2:00pm Summer Blood Drive at WHB Firehouse</p>	<p>1 [Pauli Murray, Priest, 1985] 5:00pm Mass on the Grass</p>
<p>2 5 Pentecost (Proper 8) 9:15am Choir Practice 10:00am Holy Eucharist 11:00am Coffee Hour</p>	<p>3 Parish Office Closed</p>	<p>4  Independence Day Parish Office Closed 7:00pm 4th of July Fireworks Party</p>	<p>5 7:00pm Alanon 7:00pm Flute Choir</p>	<p>6 [Eva Lee Matthews, Monastic, 1928] 10:00am Bible Study 11:00am Holy Eucharist with Prayers for Healing 12:30pm Threshold Singers Choir Practice</p>	<p>7  6:30pm Ice Cream Social to meet new Preschool Director</p>	<p>8 [Priscilla and Aquila, Coworkers of the Apostle Paul] 9:00am Men's Breakfast 5:00pm Mass on the Grass</p>
<p>9 6 Pentecost (Proper 9) 9:15am Choir Practice 10:00am Holy Eucharist 11:00am Coffee Hour</p>	<p>10 Parish Office Closed</p>	<p>11 Benedict of Nursia, Monastic, c.543</p>	<p>12 7:00pm Alanon 7:00pm Flute Choir</p>	<p>13 10:00am Bible Study 11:00am Holy Eucharist with Prayers for Healing 12:30pm Threshold Singers Choir Practice</p>	<p>14 [Argula von Grumbach, Scholar and Church Reformer, c.1554]</p>	<p>15 5:00pm Mass on the Grass</p>
<p>16 7 Pentecost (Proper 10) 9:15am Choir Practice 10:00am Holy Eucharist 11:00am Coffee Hour</p>	<p>17 Parish Office Closed William White, Bishop, 1836</p>	<p>18</p>	<p>19 Macrina of Caesarea, Monastic and Teacher, 379 7:00pm Alanon 7:00pm Flute Choir</p>	<p>20 Elizabeth Gady Stanton, Amelia Bloomer, Sojourner Truth, and Harriet Ross Tubman, Social Reformers 10:00am Bible Study 11:00am Holy Eucharist with Prayers for Healing 12:30pm Threshold Singers Choir Practice</p>	<p>21 [Maria Skobtsova, Monastic and Martyr, 1945]</p>	<p>22 St. Mary Magdalene 5:00pm Mass on the Grass</p>
<p>23 8 Pentecost (Proper 11) 9:15am Choir Practice 10:00am Holy Eucharist 11:00am Coffee Hour</p>	<p>24 Parish Office Closed Thomas a Kempis, Priest and Mystic, 1471</p>	<p>25 St. James the Apostle</p>	<p>26 The Parents of the Blessed Virgin Mary 7:00pm Alanon 7:00pm Flute Choir</p>	<p>27 William Reed Huntington, Priest, 1909 10:00am Bible Study 11:00am Holy Eucharist with Prayers for Healing 12:30pm Threshold Singers Choir Practice</p>	<p>28 [Johann Sebastian Bach, Composer, 1750]</p>	<p>29 Mary and Martha of Bethany 5:00pm Mass on the Grass</p>
<p>30 9 Pentecost (Proper 12) 9:15am Choir Practice 10:00am Holy Eucharist 11:00am Coffee Hour</p>	<p>31 Ignatius of Loyola, Priest and Spiritual Writer, 1556 Parish Office Closed</p>	<p>1 Joseph of Arimathea</p>	<p>2 7:00pm Alanon 7:00pm Flute Choir</p>	<p>3 [Joanna, Mary, and Salome, Myrrh-Bearing Women] 10:00am Bible Study 11:00am Holy Eucharist with Prayers for Healing 12:30pm Threshold Singers Choir Practice</p>	<p>4</p>	<p>5 5:00pm Mass on the Grass</p>

AQION'S SHARE

The Weekly Newsletter of
Saint Mark's Church
A Parish in the Episcopal
Diocese of Long Island

ST. MARK'S CHURCH

40 Main Street
P.O. Box 887
Westhampton Beach, NY 11978

Phone: 631.288.2111

E-Mail:

kate.gabrielsen@stmarkswhb.org

Website: www.stmarkswhb.org

OFFICE HOURS

Tuesday to Friday
9:00 a.m. to 2:00 p.m.

WEEKEND SERVICES

(SAT.) 500 p.m.—Holy Eucharist
(SUN.) 10:00 a.m.—Holy Eucharist
(Livestreamed)

THURSDAY SERVICES

11:00 a.m.—Holy Eucharist with
Prayers for Healing



The Rt. Rev. Lawrence Provenzano
Bishop of Long Island

The Rt. Rev. GERALYN WOLF
Assisting Bishop of Long Island

The Rt. Rev. Daniel Allotey
Assisting Bishop of Long Island

The Rt. Rev. William Franklin
Assisting Bishop of Long Island

The Rev. Christopher D. Jubinski
Rector

Email:

chris.jubinski@stmarkswhb.org

Cell: 410.253.3664



THE WEEK AT A GLANCE

- Monday, 7/10** **Parish Office Closed**
- Wednesday, 7/12** 7:00 p.m. Alanon 12 Step Meeting (Atwater Room)
7:00 p.m. Flute Choir (Parish Hall)
- Thursday, 7/13** 10:00 a.m. Bible Study "Women of the Bible" Topic: Mary Magdalene.
11:00 a.m. Holy Eucharist with Prayers for Healing in Rector's Office
12:30 p.m. Threshold Singers in the Atwater Room
- Saturday, 7/15** 5:00 p.m. "Mass on the Grass" come as you are Holy Eucharist (*Columbarium Garden*)
- Sunday, 7/16** 9:15 a.m. Choir Practice in the Church
10:00 a.m. Holy Eucharist in the Church
11:00 a.m. Coffee Hour

Participating in Today's Service	Next Week, July 15 and July 16
Saturday at 5:00 p.m.	Saturday at 5:00 p.m.
LEM/Lector Carol Laube Altar Guild Freear Pollard	LEM/Lector Virginia Gilmore Altar Guild Diane Stewart
Sunday at 10:00 a.m.	Sunday at 10:00 a.m.
LEM John Kern Lector Matthew Kern Ushers Rich Caccavano, Paul Okula Altar Guild Laura Bott, Louise Reeves	LEM Rob Perdock Lector Barbara Pettus Ushers Kurt Hofmann, Edie Hofmann Altar Guild Catharine Nobiletti, Edie Hofmann

Altar Flowers

The flowers on the Altar are given to the Glory of God by Freear Pollard in loving memory of her mother Caralisa B. Pollard and by Norma Jeanne & Paul Okula in celebration of their daughter Allison Mantuscello's birthday.

July Birthdays

- | | |
|-----------------------|----------------------|
| 2 Connor Lueck | 17 Edward Callahan |
| 3 Hannah Reid | 22 Bryn Wolgemuth |
| 9 Allison Mantuscello | 27 Helen Horton |
| 11 Frances Graham | 30 Virginia Connolly |
| 14 Lois Simson | 31 Paige Wolgemuth |
| 14 Paul Canty | |
| 16 Casey Shea | |

July Anniversaries

- 13 Debbie & Rich Caccavano
15 Gino & Allison Martuscello
22 Jennifer & Ronald Marwood
23 Liz & Tom Horan
28 Lee & Frank Wadelton

Service Attendance

Saturday, July 1 2023	5:00 PM	15
Sunday, July 2, 2023	10:00 AM	47
	Total:	62

(22 Households also prayed with us online.)

7/06	Bible Study	8
	11 am Holy Eucharist	5

THE ANNOUNCEMENTS

Worship During the Summer: Saturdays at 5 p.m. is truly "come as you are" so feel free to dress comfortably. You will also notice that we will be simplifying the liturgy for Saturdays and Sundays by reducing the overall amount of singing we do during the service.

- ❖ Gluten Free Communion Wafers are now available during each service. If you require one, please ask Fr. Chris at the communion rail.
- ❖ If you are a new parishioner, we would most appreciate your filling out our Parish Survey. There are blanks at the back of the church for your convenience. Completed forms can be returned to the church office. Thank you.
- ❖ Altar Flowers: If you would like to dedicate Altar flowers for the Altar contact Laura Bott at 631-722-4749 or email her at laura.bott17@gmail.com. **There are vases available in August** on the following Sunday's: two vases on the 13th and 20th and one vase on the 27th. Each vase is \$40. Kindly Note: checks should be made out to St. Mark's Church with "Flowers" in the memo section.
- ❖ Ways to Help the People of Ukraine...A complete list is posted on the bulletin board next to the church office. Please help us collect as much of these necessary items as we can. There is a box for them in the narthex. You can also visit our website at www.stmarkswvb.org for ways to help.
- ❖ Maureen's Haven: "Thank you" for donations to Maureen's Haven. A box for donations, along with a list of suggested items such as individual containers of non-perishable food, is in the office lobby.

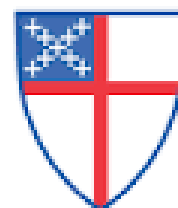
We ask that you remember those for whom prayers are requested: Noah Berger (Req. by Jenn Kast), Stan Billie (Req. by Jenn Kast), Deana Chiusano (Req. by Jinny Gilmore), Nancy Fraser (Req. by Ki Nobeletti), Roberta Good (Diane Stewart's Sister), Elaine Hanes (Req. by Kate Gabrielsen), Barbara Ireton (Req. by Carol Smith), Cathy Jones (Farmers Market), Stephen Jones (Req. by Kate Gabrielsen), Gretchen & Jim Jubinski (Fr. Chris' Parents), Campbell Kast (Req. by Jenn Kast), Cole LoRusso (Marj Kulesa's Nephew), Fred Meyer (Parishioner), Jock McLean (Parishioner), Sean McLean (Req. by Jock McLean), The Reverend Abigail Murphy (Priest in EDLI), Studie Nostrand (Carol John's Sister), Paul Oele (Parishioner), Cassie Panzarino (Req. by Jinny Gilmore), Joan Petrella (Parishioner), Rosemary Rees (Victoria Garcia's Sister), Betty-Rose & Stuart Richardson (Req. by Victoria Garcia), Jean Scopinich (Parishioner), John Stewart (Parishioner), Sarah Witters (Req. by Victoria Garcia), Jocko Calvez (Req. by Larry Andria), Michael Warner, Louise Reeves, Owen Foster (Diane & John Stewart's grandson), Ursula Ellerkamp (Req. by Jinny Gilmore), Samantha Rigby (Req. by Jinny Gilmore), Thomas Olsen (Req. by Jinny Gilmore).

If there are any names that can be removed, kindly contact Kate in the church office 631-288-2111.

We pray for those serving in the Armed Forces: Amanda E. Degener, Kyle M. Degener, George L. Degener, Jesse Fritz, Nicholas LoRusso, Joshua Rudd, Michael Keegan, Rob Scribner.

**Please Pray for Your Parish Every Day at 12:00 Noon
And Remember the People of Ukraine and Sudan too!**

**God loves you.
No exceptions.**



The Episcopal Church welcomes you.

Be Kind to one another

Ephesians 4:30-5:

Even if you
disagree on
stuff.



calejdart

Maureen's Haven

Homeless outreach

We Are Always in Need Of:

Personal Hygiene Items (preferably travel-sized):

- Disposable Razors
- Deodorant
- Shampoo/conditioner
- Soap/body wash
- Toothpaste/toothbrush
- Feminine hygiene products
- First aid kit products
-

Lightly Used or New Clothing:

- Coats
- Boots
- Hats/gloves
- Socks/underclothes
- Jeans

Food: (preferably individual sized, non-perishable)

- Coffee/tea/milk
- Canned goods (vegetables, fruits, soups, etc.)
- Ramen noodle soup
- Nut butters and jellies
- Microwavable meals
- Snack bars
- Fresh fruit
- Non-perishable food items & beverages
- Paper products
-

COVID-19-Related Items:

- Cleaning products
- Paper towels
- Toilet tissue
- Hand sanitizers
- Masks



Donations in Support of Ukraine

St. John the Baptist Ukrainian Catholic Church of Riverhead greatly appreciates the support demonstrated since the invasion started and the many inquiries made about how one can help Ukraine and the Ukrainian people.

The list below of items they need is from their website as of 6-1-23.

There is a box for donations in the narthex and in the office lobby. You can also visit the St. Mark's website at www.stmarkswhb.org for ways to help.

MEDICAL:

Antibiotic creams, all kind of gauzes, any hospital or doctor's office medical supplies, cold medicine, vitamins, any wound care products, blood coagulants, and burn care products, Neosporin, and antibiotic creams, painkillers: acetaminophen (Tylenol), aspirin (Bayer), ibuprofen (Advil) and naproxen (Aleve), Medical gloves.

Water filtration products (specifically to make "dirty" water drinkable/ potable) flashlights, lanterns, blankets, sleeping bags.

We also accept crutches, wheelchairs, and walkers.

FOOD:

Ready to eat foods, dry foods (cereals, oats, trail mixes, ramen noodles, energy bars). Cocoa, Tea, Coffee (Plastic containers ONLY!)

TOILETRIES: All Kinds for adults and children.

DIAPERS: Children's and Adult's, sanitary wipes.

Men's NEW dark color underwear, t- shirts, socks, sweaters, pants.

Children's NEW all sizes and both genders underwear, t- shirts, sweaters, socks

Feminine products and NEW dark underwear

NO TOYS OR BOOKS PLEASE!

WE CURRENTLY ARE NOT ACCEPTING WINTER CLOTHING!!! NO DRESS CLOTHING

Saint Mark's Metal Detecting Club with Dave, Paul, and Larry



A pair of baby deer have been living in the yard of the Rectory all week!





Fourth of July Fireworks Party in the Columbarium Garden.





BULLETIN INSERTS

Explore the Way of Love: REST

When the scriptures tell us that we should love others as we love ourselves, there is an underlying message that we are allowed to love ourselves. The Way of Love recognizes that one way to love ourselves and to maintain ourselves as useful instruments of God is through the practice of rest.

As Jesus tells us in the Gospel of Matthew, “Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”

Part of the work of a Christian is to take time to put the work aside and be restored. After God created the heavens and the earth and everything in them, God rested. In doing so, God created a sacred pattern of work and rest, realizing that making dedicated time – to allow our minds to unwind, for our souls to be comforted and healed, for our bodies to be rejuvenated – ensures we can continue in this divine stream.

Rest is a gift and we are allowed to take it.

Rest gives rhythm to our lives; just as it is the end of one endeavor, so it is the beginning of another. There is no greater reward for those whose labor never ceases than for those who do what they can and rest to come back refreshed to do the work another day.

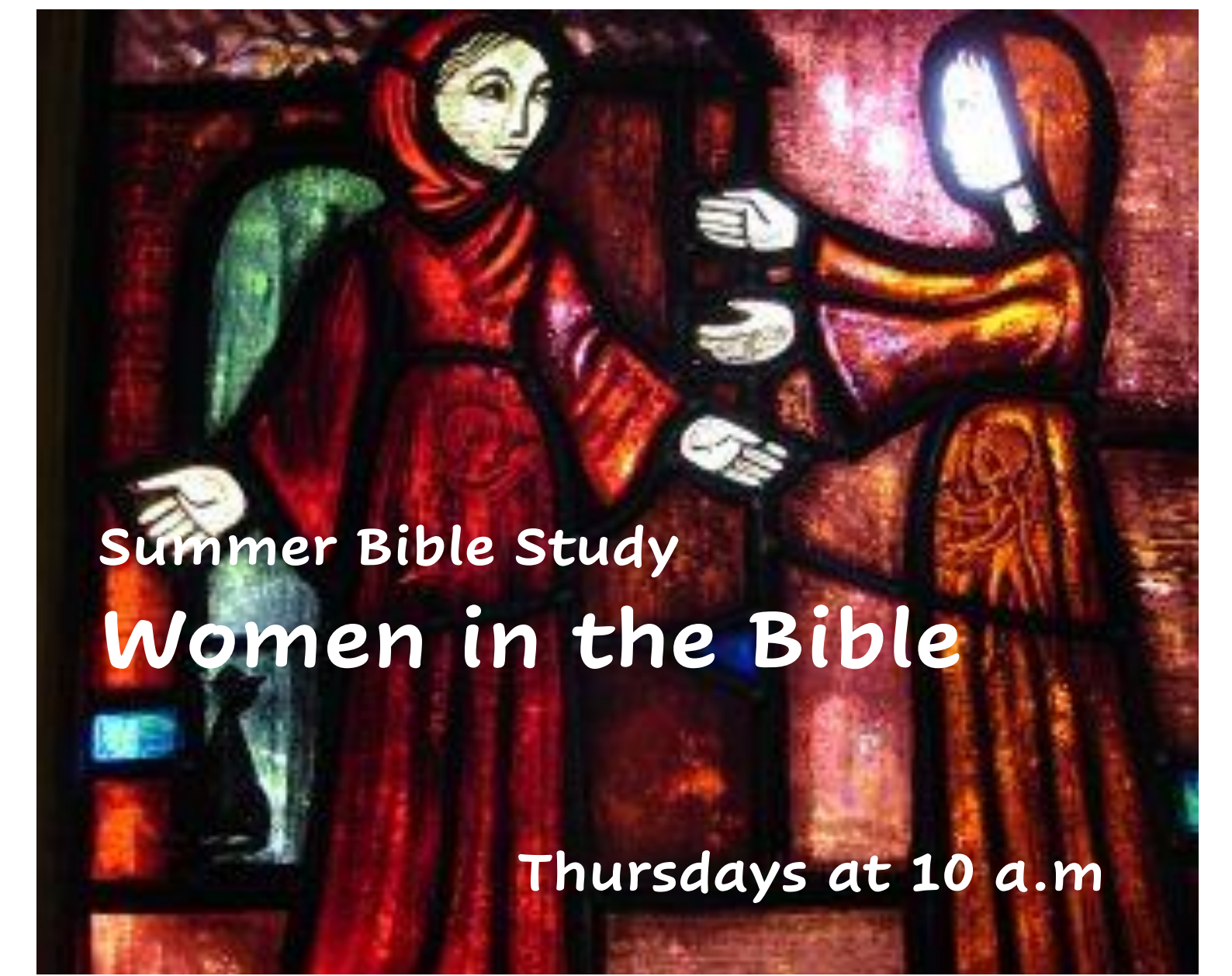
Rest is not only a blessing to us but a blessing to God, as we demonstrate our faith that God is the primary actor, maker of heaven and earth. And as children of God, we are encouraged to trust that all of creation is held in God’s hand.

Are you willing to submit to the practices that will restore your body, mind, and soul? Will you join with others to encourage one another to observe the regular practice of rest?

Learn more about the Way of Love at episcopalchurch.org/wayoflove. You can find suggestions on getting started and going deeper with Resting at iam.ec/ewol.



THE WAY OF LOVE
Practices for Jesus-Centered Life



Summer Bible Study Women in the Bible

Thursdays at 10 a.m

About This Study...

Reading about the women in the Bible reveals a great deal more than simply the stories of a few individuals. Through the women's trials and triumphs, the text offers various (sometimes contradictory) pictures of gender, family life, and relationships. Our modern understanding of gender may not translate directly onto the functions of gender in the Bible.

What are our pre-conceptions about gender in the time of the Hebrew Bible and in the Greco-Roman world? We may imagine that ancient women were universally oppressed or powerless, relegated to their roles as wives and mothers. This unit challenges these pre-conceived ideas as it seeks to understand the many roles women hold in biblical stories. We will read the stories with special attention to the power dynamics, including those surrounding gender, enslavement, and empire.

It is important to remember that these women's stories do not necessarily reveal what was normal or even ideal about gender in the ancient Near East or the Greco-Roman world. Instead, they show us glimpses of those worlds from which the authors of the texts made meaning.

"Women in the Bible" sheds new light on familiar characters like Mary Magdalene in the New Testament and Sarah, Abraham's wife in the Hebrew Bible. It also studies characters who are less well known to many Bible readers, such as the city of Babylon, styled as a whore in the Book of Revelation. Through the stories of these women, discover how gender can inform your reading as you explore how these stories relate to your own faith journey.

Summer Worship Schedule

At Saint Mark's

Saturdays at 5:00 p.m.

"Mass on the Grass"
Starting June 3rd

Sundays at 10:00 a.m.

Starting June 4th

Refreshments and fellowship
follow each service.

PENTECOST 6

Proper 9 - Year A

This Bible study was written by Audrey Sutton of Nashotah House in 2020.

Genesis 24:34-28, 42-49, 58-67

³⁴ So he said, "I am Abraham's servant. ³⁵ The Lord has greatly blessed my master, and he has become wealthy; he has given him flocks and herds, silver and gold, male and female slaves, camels and donkeys. ³⁶ And Sarah my master's wife bore a son to my master when she was old, and he has given him all that he has. ³⁷ My master made me swear, saying, 'You shall not take a wife for my son from the daughters of the Canaanites in whose land I live, ³⁸ but you shall go to my father's house, to my kindred, and get a wife for my son.'

⁴² "I came today to the spring and said, 'O Lord, God of my master Abraham, if now you will only make successful the way I am going!' ⁴³ I am standing here by the spring of water; let the young woman who comes out to draw, to whom I shall say, 'Please give me a little water from your jar to drink,' ⁴⁴ and who will say to me, 'Drink, and I will draw for your camels also'—let her be the woman whom the Lord has appointed for my master's son.'

⁴⁵ "Before I had finished speaking in my heart, there was Rebekah coming out with her water jar on her shoulder, and she went down to the spring and drew. I said to her, 'Please let me drink.' ⁴⁶ She quickly let down her jar from her shoulder and said, 'Drink, and I will also water your camels.' So I drank, and she also watered the camels. ⁴⁷ Then I asked her, 'Whose daughter are you?' She said, 'The daughter of Bethuel, Nahor's son, whom Milcah bore to him.' So I put the ring on her nose and the bracelets on her arms. ⁴⁸ Then I bowed my head and worshiped the Lord and blessed the Lord, the God of my master Abraham, who had led me by the right way to obtain the daughter of my master's kinsman for his son. ⁴⁹ Now then, if you will deal loyally and truly with my master, tell me; and if not, tell me, so that I may turn either to the right hand or to the left."

⁵⁸ And they called Rebekah and said to her, "Will you go with this man?" She said, "I will." ⁵⁹ So they sent away their sister Rebekah and her nurse along with

Abraham's servant and his men. ⁶⁰ And they blessed Rebekah and said to her,

"May you, our sister, become thousands of myriads; may your offspring gain possession of the gates of their foes."

⁶¹ Then Rebekah and her maids rose up, mounted the camels, and followed the man, and the servant took Rebekah and went his way.

⁶² Now Isaac had come from Beer-lahai-roi and was settled in the Negeb. ⁶³ Isaac went out in the evening to walk in the field, and, looking up, he saw camels coming. ⁶⁴ And Rebekah looked up, and when she saw Isaac, she slipped quickly from the camel ⁶⁵ and said to the servant, "Who is the man over there, walking in the field to meet us?" The servant said, "It is my master." So she took her veil and covered herself. ⁶⁶ And the servant told Isaac all the things that he had done. ⁶⁷ Then Isaac brought her into his mother Sarah's tent. He took Rebekah, and she became his wife, and he loved her. So Isaac was comforted after his mother's death.

Commentary from Audrey Sutton

Providence is being in the right place at the right time, as designed by God. It is trusting in the well-timed fruition of opportunity and fulfillment of future outcomes as orchestrated by divine intervention. A person receives a phone call at the exact moment – a person meets another at a certain time or place, changing the course of their life – a servant finds the woman intended to participate in the next phase of Israel's narrative – things seem to finally fall perfectly into place.

The story of Laban trusting God to show him the woman destined to be Isaac's wife is a providential meeting of people in a divinely orchestrated situation. Through faithful hearts that were postured towards God, Laban met Rebekah at the well and brought her home to Isaac. The eventual meeting of Rebekah and Isaac mirrors the eternal love story between God and his people. Like Rebekah, we gather tangible water to quench our biological thirst from the well, while God has sent his servant, his very Son, to find us and bring us home – to show us the water from which, if we drink, we will never thirst again. Perhaps providence will connect us to the people God intends and will direct our steps as divinely intended. Perhaps we may be like Rebekah, lowering our veil when we meet the Father, accepting the joy of being loved by him eternally.

Discussion Questions

Do you see places of providence in your own life?
How does it feel to be aware of possible divine intervention?

What would it take to submit to divinely orchestrated providence with the same level of faith as Laban and Rebekah?

Psalm 45:11-18

- 11 "Hear, O daughter; consider and listen closely; *
forget your people and your father's house.
- 12 The king will have pleasure in your beauty; *
he is your master; therefore do him honor.
- 13 The people of Tyre are here with a gift; *
the rich among the people seek your favor."
- 14 All glorious is the princess as she enters; *
her gown is cloth-of-gold.
- 15 In embroidered apparel she is brought to the
king;*
after her the bridesmaids follow in procession.
- 16 With joy and gladness they are brought, *
and enter into the palace of the king.
- 17 "In place of fathers, O king, you shall have sons; *
you shall make them princes over all the earth.
- 18 I will make your name to be remembered
from one generation to another; *
therefore nations will praise you for ever and
ever."

Discussion Questions

Is there a role placed before you that you have been asked to fulfill? How do you feel about it?

However you discern your "beauty" and "gifts", how can you use them to honor God and worship him in joy and gladness?

Commentary from Audrey Sutton

Psalm 45 is a psalm of a royal wedding, where the bride is depicted in her beauty and extravagance with the promise of faithfulness and desire to fulfill the role placed before her. This is a time of joy and expectation of a new future! The expression within this poetic imagery parallels with the church, which is Christ's bride, and the eschatological expectation of fulfillment and a new future. The believer is asked to listen closely and turn towards our Lord, focusing completely on him as our new family. We are to use the favor we have been given and our gifts to honor God, for he delights in us. We can meet God in worship with joy and gladness and attain to someday enter his palace. As children of God, we are heirs that will inherit the earth someday and have been tasked with transmitting the Gospel from generation to generation. May we praise the Lord for ever and ever. Amen.

Romans 7:15-25a

¹⁵ I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. ¹⁶ Now if I do what I do not want, I agree that the law is good. ¹⁷ But in fact it is no longer I who do it but sin that dwells within me. ¹⁸ For I know that the good does not dwell within me, that is, in my flesh. For the desire to do the good lies close at hand, but not the ability. ¹⁹ For I do not do the good I want, but the evil I do not want is what I do. ²⁰ Now if I do what I do not want, it is no longer I who do it but sin that dwells within me.

²¹ So I find it to be a law that, when I want to do what is good, evil lies close at hand. ²² For I delight in the law of God in my inmost self, ²³ but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. ²⁴ Wretched person that I am! Who will rescue me from this body of death? ²⁵ Thanks be to God through Jesus Christ our Lord!

Discussion Questions

What sin do you find yourself turning back to, time and again? Try and recognize your disdain (as well as the attraction to) this sin.

How could this change if Jesus realigned your perspective? How could his strength help you?

Commentary from Audrey Sutton

A wise professor once said that, for whatever reason, people really love their personal sin, even if they hate it; they love the feeling of comfort and familiarity that can be found in turning back to the vices that they hate again and again. Original sin has predisposed mankind to this kind of compulsive attraction to things that are not good for us and harm us. Why do we like to roll around in what we hate? And even more so, why do we not have the willpower or resolve to resist sin on our own?

Paul recognized this very real difficulty! He knew that nothing good dwelled within him, within his flesh, and although he deeply desired to do right and do good, he could not. He could not, even by the law of God that he loved, because it was not possible to do right or good and avoid sin by himself. It is not possible for us to do on our own, either. We need Christ. It is only with the indwelling of Jesus that our hearts and minds can be realigned to proper focus, allowing us to do right and do good through Christ, and resist the sin we hate.

Matthew 11:16-19, 25-30

¹⁶“But to what will I compare this generation? It is like children sitting in the marketplaces and calling to one another,

¹⁷“We played the flute for you, and you did not dance; we wailed, and you did not mourn.”

¹⁸“For John came neither eating nor drinking, and they say, ‘He has a demon’; ¹⁹the Son of Man came eating and drinking, and they say, ‘Look, a glutton and a drunkard, a friend of tax collectors and sinners!’ Yet wisdom is vindicated by her deeds.”

²⁵At that time Jesus said, “I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; ²⁶yes, Father, for such was your gracious will. ²⁷All things have been handed over to me by my Father, and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

²⁸“Come to me, all you who are weary and are carrying heavy burdens, and I will give you rest. ²⁹Take my yoke upon you, and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰For my yoke is easy, and my burden is light.”

Commentary from Audrey Sutton

A yoke is a large and heavy piece of agricultural plow equipment, used to harness 2 animals to a cart that they then pull. A yoke can also be used with a heavier piece on the larger, stronger animal, and a lighter portion harnessed to the new or younger animal being trained. The yoke was designed to better distribute the weight of the load and also to give mechanical capability to the work the animal was set to do. Naturally, in great Jesus fashion, the Lord asks his followers to bridle themselves with a bulky and heavy device so they might experience a lighter load and ease their burden. So, what is the yoke of Jesus? It is a place of rest where we will find humility and gentleness and learn his ways. We must first accept the daunting yoke of Jesus' relationship to experience the easing he speaks of. The yoke of Jesus will provide us with the mechanical capability to do the

work we have been called to – but we first must be attached to him – physically and spiritually. We may just be surprised with how light the yoke actually is, and how much easier we operate when connected with to Christ.

Discussion Questions

What are you yoked to in your life right now? Jesus? The world? A person? Something else?

Have you ever experienced a lighter load by taking more on? How might this be different?



Vocations Day

SATURDAY, OCTOBER 28TH, 2023

Location:

Mercer School of Theology
65 Fourth Street, Garden City, NY 11530

**FOR PERSONS IN GRADES 8-12
WHO WISH TO EXPLORE LAY AND ORDAINED MINISTRIES IN THE EPISCOPAL
CHURCH**

**8:45 AM WELCOME AND INTRODUCTIONS
10:00AM DISCERNING MINISTRY
11:30 A.M. THE DAILY OFFICE PRESENTATION
11:45 AM NOON DAY PRAYER
12:30 PM LUNCH
1:00 PM DIOCESAN (FAMILY) FEUD
2:00 PM CLOSING PRAYER**

**RSVP BY SEPTEMBER 30TH TO
LMOORE@DIOCESELI.ORG**



Kerrigan Country Realty
and
The John and Elaine Kanas Family Foundation
Present

The
34th
Annual

GAZEBO CONCERT SERIES



Summer
2023

All Concerts
Begin at 7:30 PM

at WHB Village Green, Corner of Main St. & Mill Rd.

Rain date is the Sunday following the originally scheduled date, same time and location

June 29th A HAPPY ACCIDENT, TOO: Classic Rock

July 6th THE NORTH SHORE POPS

July 13th CITI LITES: *The Best of the '60s, '70s, '80s*

July 20th THE SOUND SYMPHONY *With Soprano Stefanie Izzo*

July 27th THE CHICLETTES:
A Tribute To Female Artists Through the Decades

August 3rd SWINGTIME BIG BAND

August 10th PENNY LANE: *Beatles Tribute Band*

August 17th FAVORITES FROM OPERA & THE BROADWAY STAGE

August 24th SOUL OF MOTOWN

August 31st RHONDA DENET: *From Jazz to Soul*

September 7th FAST LANE: *Eagles Tribute Band*

The Gazebo Concerts are made possible with the generous support of:

The County of Suffolk (Legislator Bridget Fleming)

The Town of Southampton - The Khronis Club of Greater Westhampton

The Rotary Club of Westhampton

St. Mark's Episcopal Church of Westhampton

Thank you to the Village of Westhampton Beach for the use of The Village Green

Rites of Passage

July Birthdays

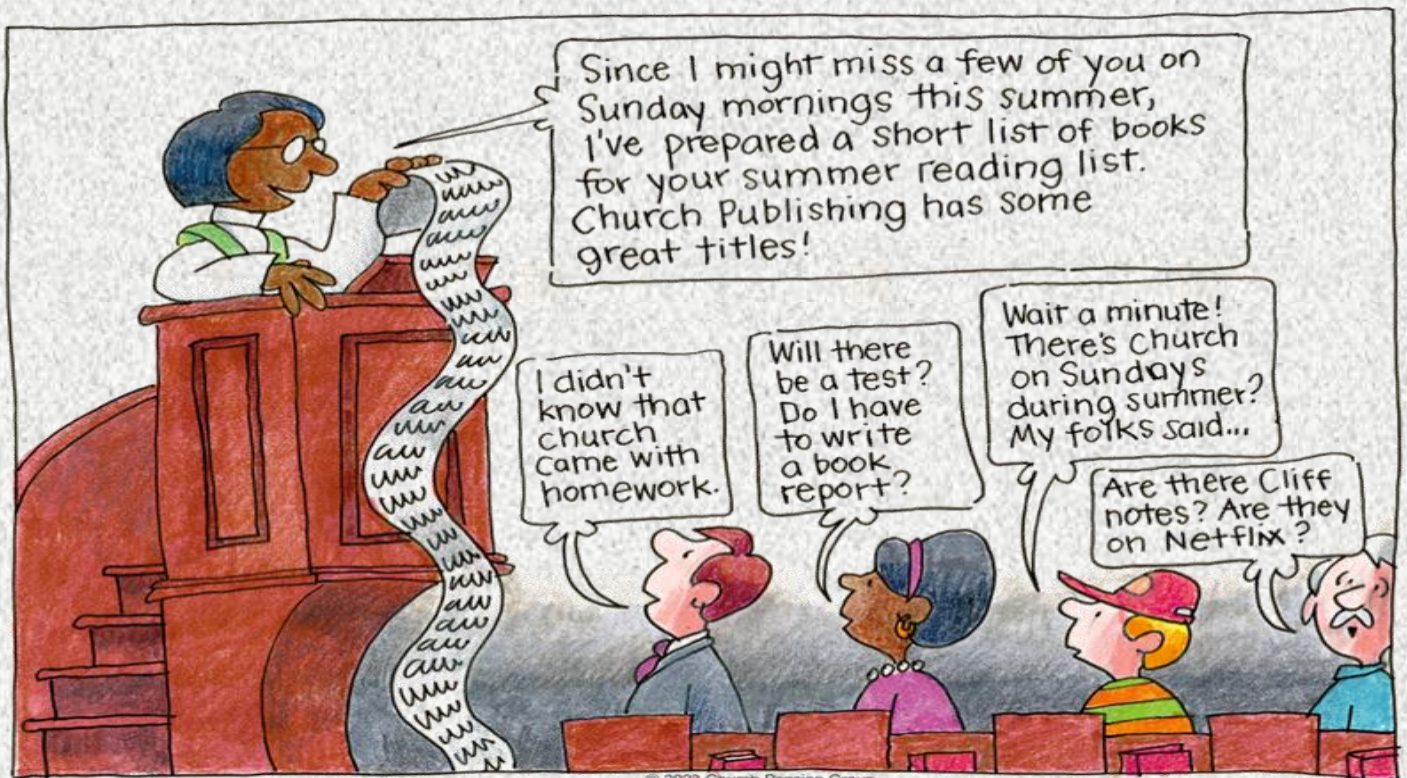
- 2 Connor Lueck
- 3 Hannah Reid
- 11 Frances Graham
- 14 Lois Simson
- 14 Paul Canty
- 16 Casey Shea
- 17 Edward Calahan
- 22 Bryn Wolgemuth
- 27 Helen Horton
- 30 Virginia Connolly
- 31 Paige Wolgemuth

July Anniversaries

- 13 Debbie & Rich Caccavano
- 22 Jennifer & Ronald Marwood
- 23 Liz & Tom Horan



On the Lighter Side...



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Parish Office
40 Main Street
P.O. Box 887, WHB, NY 11978
Office Phone: 631.288.2111



Parish Office Hours
T—F 9:00 a.m. to 2:00 p.m.
kate.gabrielsen@stmarkswhb.org
Kate Gabrielsen, Parish Administrator