



ST. MARK'S EPISCOPAL CHURCH

ALION'S SHARE

NOVEMBER 24, 2022

We Welcome Baby Peter
Into the Household of God



God's Blessings on Baby Peter Raymond Shea who was Baptized on Sunday, November 20, 2022.

(L to R) Jack DeCaro (Uncle), Stephanie Shea (Grandmother), Timothy Shea (Father), Fr. Chris, Casey Shea (Mother), Marj & Stece DeCaro (Grandparents)

A ION'S SHARE

The Weekly Newsletter of
St. Mark's Church
A Parish in the Episcopal
Diocese of Long Island

ST. MARK'S CHURCH

40 Main Street
P.O. Box 887
Westhampton Beach, NY 11978

Phone: 631.288.2111

E-Mail:

kate.gabrielsen@stmarkswhb.org

Website: www.stmarkswhb.org

OFFICE HOURS

Tuesday to Friday
9:00 a.m. to 2:00 p.m.

SUNDAY SERVICES

8:00 a.m.—Holy Eucharist
10:00 a.m.—Holy Eucharist
(Livestreamed)

THURSDAY SERVICES

11:00 a.m.—Holy Eucharist with
Prayers for Healing
10:00 a.m.—Holy Eucharist,
Evening Prayer or Compline

The Rt. Rev. Lawrence Provenzano
Bishop of Long Island

The Rt. Rev. GERALYN WOLF
Assisting Bishop of Long Island

The Rt. Rev. DANIEL ALLOTEY
Assisting Bishop of Long Island

The Rt. Rev. WILLIAM FRANKLIN
Assisting Bishop of Long Island

The Rev. Chris Jubinski
Rector

Email:
chris.jubinski@stmarkswhb.org



ST. MARK'S VOICE—PARISH NEWS

Monday (11/28)
Tuesday (11/29)
Wednesday (11/30)
Thursday (12/01)

Parish Office Closed

12:40 p.m. Office Staff Meeting
7:30 p.m. Alanon Meeting in the Atwater Room
10:00 a.m. Advent Book Study in the Rector's Office
11:00 a.m. Holy Eucharist with Prayers for Healing in Rector's Office
12:30 p.m. Threshold Singers Choir Practice in the Atwater Room
5:00 p.m. Holy Eucharist, Evening Prayer, or Compline in the Chapel
5:30 p.m. Choir Practice in the Church
8:00 a.m. Holy Eucharist in the Church
9:00 a.m. Coffee Hour in the Parish Hall
9:15 a.m. Choir Practice in the Church
10:00 a.m. Holy Eucharist in the Church
10:00 a.m. Sunday School in the Atwater Room
11:00 a.m. Coffee Hour in the Parish Hall

Sunday (12/04)

Serving Today Sunday, November 27, 2022 at 8:00 a.m.

LEM Virginia Gilmore
Lector Carol Jubinski
Usher Tom Hadlock
Altar Guild Diane Stewart, Virginia Gilmore

Serving Today Sunday, November 27, 2022 at 10:00 A.M.

LEM John Kern
Lector Barbara Pettus
Ushers Sandy Wyman, Tim Feil
Altar Guild Catharine Nobiletti & Diane Feil

Coffee Hour will take place following both the 8 & 10 A.M. services in the Parish Hall.

The Rosemary Plants on the Altar are given to the Glory of God by Freear Pollard in loving memory of her father, James Joseph Pollard and by Catharine & Michael Nobiletti in Celebration of their 45th Wedding Anniversary.

Congratulations on the Birthdays of Jock McLean and John Kern.

Congratulations on the Wedding Anniversary of Arthur & Virginia Connolly.

For those serving in the Armed Forces: Amanda E. Degener, Kyle M. Degener, George L. Degener, Jesse Fritz, Nicholas LoRusso, Joshua Rudd, and Michael Keegan.

We ask that you remember those for whom prayers are requested: Chris Allen, Deana Chiusano, Fred Edwards, Nancy Fraser, Anthony Graviano, Noel Hayes, Barbara Ireton, Cathy Jones, Gretchen & Jim Jubinski, Cole LoRusso, Jock McLean, Sean McLean, Sudie Nostrand, Paul Oele, Cassie Panzarino, Joan Petrella, Betty-Rose & Stuart Richardson, Jean Scopinich, Sarah Witters, and Rosemary Rees.

THE ANNOUNCEMENTS

Christmas Remembrances – The Altar Guild welcomes your gifts toward the beautification of the church for the Festival Celebration of the birth of our Lord. The Dedication Form can be found in the narthex and on the tables outside of the Parish Hall and the church office. It can also be found in Fr. Chris' newsletter. The deadline for submitting requests is **Sunday December 11th**.

Christmas Basket Auction – The bidding will begin **this Sunday and run through December 11**. All proceeds raised will be used toward the installation of a beautiful stone altar in the columbarium to enhance our outdoor services! As always thank you for your support, donations, bids or volunteer time. We very much appreciate your help! Please call Sundry Schermeyer at 631-379-3981 with any questions.

Advent Book Study will begin on Thursday December 1 at 10 AM and continue thru December 22nd. It will take place in the Rector's office. All are welcome!

Mid-Week Services on Thursdays at 11:00 a.m. – Holy Eucharist with Prayers for Healing in the Rector's office and at 5:00 p.m. – Holy Eucharist, Evening Prayer, or Compline in the Chapel.

Choir Practice is on **Thursday at 5:30 PM in the church**. The only requirement is the desire to make a joyful noise. For further information contact Stephen Hunt at stephenhuntmusic@gmail.com.

We Need Your Help on Sunday Mornings as a Lay Eucharistic Minister or Acolyte. Please contact John Kern at John@jkernlaw.com.

Altar Plants If you would like to dedicate flowers/plants for the Altar contact Kate Gabrielsen in the parish office 631-288-2111 or email her at kate.gabrielsen@stmarkswhb.org. **In December there are two plants available for the 18th and one available for the 4th and 11th**. Each plant is \$40. During the four Sunday's of Advent there will be plants on the Altar instead of flowers

Alanon now meets at St. Mark's both in-person and online via zoom on Wednesday evenings at 7:30 p.m. in the Atwater Room. Please speak with Fr. Chris if you are interested in joining this group.

Annual Food Drive for the WHB Elementary School until November 30th. Please give generously to our month-long food drive to help families in our local Elementary School who need help! We are collecting non-perishable items throughout the month of November and have collection boxes near the office and in the Narthex. Items that are particularly helpful: peanut butter, jelly, rice, beans, pasta, sauce, mac' n cheese, snack bars, cereal bars, oatmeal, applesauce packets, canned chicken and tuna, mashed potato mix, Chef Boyardee meals and soup. Full size toiletries like soap, toothpaste, toothbrushes and shampoo/conditioner are also needed. Thank you for your support of our community! Questions, please contact Carol Fitton at 631-288-4385 or rocarol@optonline.net.

Ways to Help the People of Ukraine...When the donated non-perishable items were delivered to the Ukrainian Church in Riverhead we were told that what they need right now are bandages, pain killers, burn care products and **new winter clothing**. A complete list is posted on the bulletin board next to the church office. Please help us collect as much of these necessary items as we can. There is a box for them in the narthex. You can also visit our website at www.stmarkswhb.org for ways to help.

Maureen's Haven: "Thank you" for donations to Maureen's Haven. A box for donations, along with a list of suggested items such as individual containers of non-perishable food, is in the office lobby.

Our Christmas Services will be as follows:

- Saturday, Christmas Eve 5:00 P.M. and 9:00 P.M.
- Sunday, Christmas Day 10:00 A.M.
- and Sunday, New Year's Day 10:00 A.M.

Last Week's Attendance:

Sunday, November 20 8:00 a.m. 18

Sunday, November 20 10:00 a.m. 62 (plus 25 households viewed us online.)

Total 80

Parish Thanksgiving Diner 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>30</p> <p>21 Pentecost--Proper 26C</p> <p>No Sunday School Today</p> <p>8:00am Holy Eucharist</p> <p>9:00am Coffee Hour</p> <p>9:15am Choir Practice</p> <p>10:00am Holy Eucharist</p> <p>11:00am Coffee Hour</p>	<p>31</p>  <p>Parish Office Closed</p> <p>Vigil of All Saints</p>	<p>1</p>  <p>All Saints Day</p> <p>12:40pm Staff Meeting</p>	<p>2</p>  <p>All Souls Day</p> <p>7:30pm Alanon</p>	<p>3</p> <p>Richard Hooker, Priest and Theologian, 1600</p> <p>10:00am Bible Study</p> <p>11:00am Holy Eucharist with Prayers for Healing</p> <p>12:30pm Threshold Singers Choir Practice</p> <p>5:00pm Holy Eucharist, Evening Prayer, or Compline</p> <p>5:30pm Choir Practice</p>	<p>4</p>	<p>5</p> <p>9:00am Men's Breakfast</p>
<p>6</p> <p>All Saints Sunday</p> <p>8:00am Holy Eucharist</p> <p>9:00am Coffee Hour</p> <p>9:15am Choir Practice</p> <p>10:00am Holy Eucharist</p> <p>10:00am Sunday School</p> <p>11:00am Coffee Hour</p>	<p>7</p> <p>Parish Office Closed</p> <p>Willibrard, Archbishop and Missionary, 739</p>	<p>8</p>  <p>Election Day</p> <p>[Ammonius, Hermit, c.403]</p>	<p>9</p> <p>[Richard Rolle, Walter Hilton, and Margery Kempe, Mystics, 1349, 1396, and c.1440]</p> <p>7:30pm Alanon</p>	<p>10</p> <p>Leo of Rome, Bishop, 461</p> <p>10:00am Bible Study</p> <p>11:00am Holy Eucharist with Prayers for Healing</p> <p>12:30pm Threshold Singers Choir Practice</p> <p>5:00pm Holy Eucharist, Evening Prayer, or Compline</p> <p>5:30pm Choir Practice</p>	<p>11</p> <p>Martin of Tours, Bishop, 397</p>	<p>12</p> <p>Charles Simeon, Priest, 1836</p>
<p>13</p> <p>23 Pentecost--Proper 28C</p> <p>8:00am Holy Eucharist</p> <p>9:00am Coffee Hour</p> <p>9:15am Choir Practice</p> <p>10:00am Holy Eucharist</p> <p>10:00am Sunday School</p> <p>11:00am Coffee Hour</p>	<p>14</p> <p>Consecration of Samuel Seabury, First American Bishop, 1784</p> <p>Parish Office Closed</p>	<p>15</p> <p>[Henman of Alaska, Missionary, 1837]</p> <p>12:40pm Staff Meeting</p>	<p>16</p> <p>Margaret of Scotland, Queen, 1093</p> <p>7:30pm Alanon</p>	<p>17</p> <p>Hugh, of Lincoln, Bishop, 1200</p> <p>10:00am Bible Study</p> <p>11:00am Holy Eucharist with Prayers for Healing</p> <p>12:30pm Threshold Singers Choir Practice</p> <p>5:00pm Holy Eucharist, Evening Prayer, or Compline</p> <p>5:30pm Choir Practice</p>	<p>18</p> <p>Hilda of Whitby, Abbess, 680</p>	<p>19</p> <p>Elizabeth of Hungary, Princess, 1231</p>
<p>20</p>  <p>Christ the King</p> <p>Last Pentecost--Proper 29C</p> <p>8:00am Holy Eucharist</p> <p>9:00am Coffee Hour</p> <p>9:15am Choir Practice</p> <p>10:00am Holy Eucharist</p> <p>10:00am Sunday School</p> <p>11:00am Coffee Hour</p> <p>2:00pm Parish Thanksgiving Dinner</p>	<p>21</p> <p>[Mechthilde of Hackeborn and Gertrude the Great, Mystics and Theologians, 1298 and 1302]</p> <p>Parish Office Closed</p>	<p>22</p> <p>Clive Staples Lewis, Apologist and Spiritual Writer, 1963</p>	<p>23</p> <p>Clement of Rome, Bishop, c.100</p> <p>7:30pm Alanon</p>	<p>24</p>  <p>Let Us Give Thanks</p> <p>[Catherine of Alexandria, Barbara of Nicomedia, and Margaret of Antioch, Martyrs, c.305]</p> <p>Parish Office Closed</p> <p>Thanksgiving Day</p>	<p>25</p> <p>James Otis Sargent Huntington, Monastic and Priest, 1935</p> <p>Parish Office Closed</p>	<p>26</p>
<p>27</p>  <p>Advent</p> <p>No Sunday School Today</p> <p>8:00am Holy Eucharist</p> <p>9:00am Coffee Hour</p> <p>9:15am Choir Practice</p> <p>10:00am Holy Eucharist</p> <p>11:00am Coffee Hour</p>	<p>28</p> <p>Kamehameha and Emma of Hawaii, King and Queen, 1863 and 1885</p> <p>Parish Office Closed</p>	<p>29</p> <p>12:40pm Staff Meeting</p>	<p>30</p> <p>St. Andrew the Apostle</p> <p>7:30pm Alanon</p>	<p>1</p> <p>Nicholas Ferrar, Deacon, 1637 or [Charles de Foucauld, Monastic and Martyr, 1916]</p> <p>10:00am Bible Study</p> <p>11:00am Holy Eucharist with Prayers for Healing</p> <p>12:30pm Threshold Singers Choir Practice</p> <p>5:00pm Holy Eucharist, Evening Prayer, or Compline</p> <p>5:30pm Choir Practice</p>	<p>2</p> <p>Channing Moore Williams, Bishop and Missionary, 1910</p>	<p>3</p> <p>[Francis Xavier, Priest and Missionary, 1552]</p>

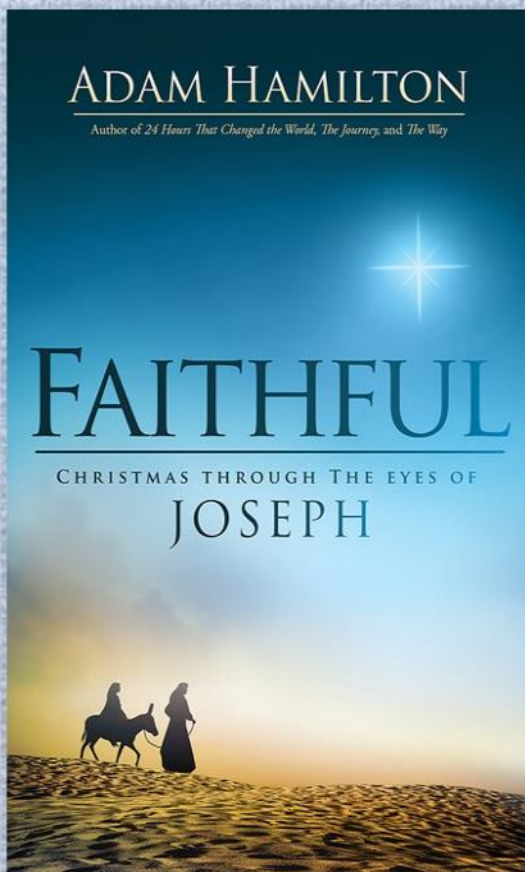
Advent Book Study

FAITHFUL:

CHRISTMAS THROUGH THE EYES OF JOSEPH

THURSDAYS, DECEMBER 1, 8, 15, 22

10:00 A.M.



*Explore the life of Joseph,
the earthly father of Jesus Christ*

We're not that different from Joseph. True, we may not be part of a story that will be remembered for all time, but like Joseph, we encounter circumstances that we'd never choose for ourselves. At times, it can be tempting just to walk away, but Joseph provides us a great example of humbly obeying God even when we don't understand, faithfully moving forward in the strength that God provides. The story of Joseph provide us a great example of humbly obeying God even when we don't understand and faithfully moving forward in the strength that God provides.



ANNUAL FOOD DRIVE at St. Mark's for the WHB Elementary School Families

PLEASE BRING IN
YOUR DONATIONS BY
NOVEMBER 30TH!
THANK YOU!

SUGGESTED ITEMS:

- RICE
- BEANS
- PASTA
- SAUCE
- PB & JELLY
- CANNED TUNA & CHICKEN
- CHEF BOYARDEE MEALS
- SOUP
- OATMEAL
- CEREAL BARS/
SNACK BARS
- APPLESAUCE
- MAC 'N CHEESE
(BOXES & MICROWAVEABLE)
- MASHED POTATO MIX

TOILETRIES:

- SOAP
- SHAMPOO
- CONDITIONER
- TOOTHPASTE
- TOOTHBRUSHES

The Liturgy in Advent

The season of Advent should not be confused with Lent. This short period is not primarily a time of penitence but rather a time to prepare joyfully for Christ's return and his reign. The Lord's return does indeed have a relationship to penitence, but primarily as it leads to repentance, which is an action rather than a feeling -- an action of turning around and being turned around by the work of God in us. By reflecting upon our lives in the light of God's Word, we recognize the direction in which our present values and habits are leading us. Then we see that those values and ways of living must be changed. We further recognize that only the action of God can make that change in us. In the words of the Collect for the First Sunday of Advent, it is God who enables us "to cast away the works of darkness, and put on the armor of light...."

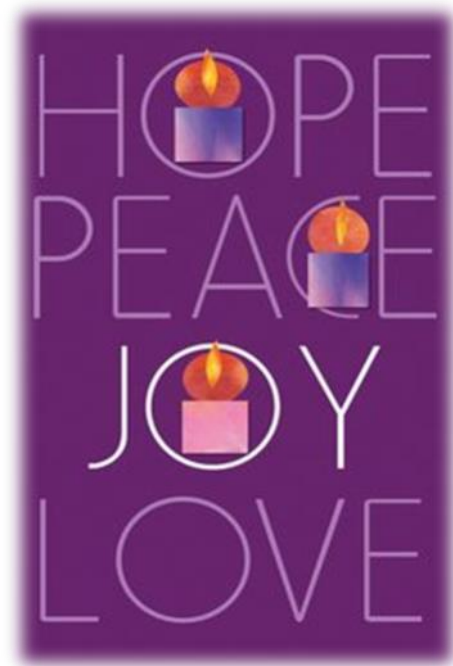
In Advent the liturgy deals with contrasts: light and dark; joy and sorrow; beginning and end; and, especially, chronological time and God's time. We discover in Advent that God's time is of the kind described not by clocks and calendars but in terms like "the time is ripe," or "in the fullness of time." (See, for example, Galatians 4.)

In liturgical worship Christians and our Jewish forbearers and kin find time transcended in both directions. In the action of remembering God's saving acts in the past in prayer and thanksgiving we find those past acts becoming present reality and we too participate in them. In our liturgical rites, we also look ahead to the end of days and find that our present time is filled with a foretaste of the Kingdom that is yet to come.

Each of the four Advent Sundays has its own particular emphasis, and each reveals the Lord who enters into time and space, into our personal and corporate lives, whenever the "right time" occurs. As we remember in the liturgy on each of these Sundays, our anamnesis (Greek for remembering, "unforgetting") becomes the means by which God's action in that which we remember becomes operative in our lives. We are likewise led to look forward in anticipation to Christ's return. (Book of Common Prayer, page 367)

The First Sunday of Advent is concerned with the Lord's return as Judge of his people and of the whole created order. This is not simply a return which happens haphazardly, nor can the clock or the calendar forecast it. Instead, Christ comes to each of us and to the world as he chooses, and according to his time. The character of his coming is revealed in the occasions he has come in the past. It is a gracious and loving advent, and it is judging and critical as well. Jesus encounters us not at our convenience nor on demand; instead, he comes suddenly and often surprisingly. He comes to us in ways upon which we can depend, such as in prayer and worship, and especially in the Holy Eucharist; but he also comes when we least expect him and often when we do not even desire him. So, in the Eucharist we pray,

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. (Eucharistic Prayer B)



The Second and Third Sundays of Advent are focused on John the Baptist, the final prophet of Israel and the forerunner of Christ. On the Second Sunday John is revealed as the forerunner, the striking figure who fulfills the last prophecies of the Old Testament. He is the human sign that the Messiah has at last come and that God's Kingdom is imminent. John cries out in the wilderness, "Prepare ye the way of the Lord." That preparation is what the Greek-speaking writers of the Gospels called *metanoia*, which means, "turn around," and which we translate as "repentance." The call is not to feel guilty but to forsake that which is opposed to the reign of Christ. So we pray that day for grace to heed the prophets' warnings and forsake our sins, "that we may greet with joy the coming of Jesus Christ..." (Collect for the Second Sunday of Advent) On the Third Sunday we hear more of the call to repentance from John and the call to prepare for Messiah's coming by living lives in keeping with the Kingdom of God. We also hear John's testimony to the ministry and significance of Jesus. Jesus is the Messiah, the one whose coming John's preaching announces. John, the forerunner of Messiah (Christ), is the model for our own living. We also are to be those who announce Jesus' coming into his world. We are so to live that we may, as we pray in Advent, "...without shame or fear rejoice to behold his appearing." (Proper Preface for Advent)

The Fourth Sunday of Advent is concerned with Jesus' immediate family and particularly with his mother, the Blessed Virgin Mary, and her role in redemption. The fear of expressing reverence for Mary, which characterized many Protestant and Anglican Christians in the past, has begun to disappear as advances in biblical and historical studies have made possible a reassessment of her place in the scriptures and in the piety and doctrine of the early Church. We recognize that God did not redeem us in a vacuum, apart from human participation. He brought about the Incarnation of his Son through the cooperation of a human woman with the life-giving Spirit. Furthermore, Mary's vocation is not only to bear the God Incarnate, but also to be the pattern for us as we become "God-bearers," by means of following her example of cooperation with the divine grace. Thus we pray on the Fourth Sunday that our consciences may be so purified that Christ may find in us, as he did in his holy mother, "a mansion prepared for himself." (Collect for the Fourth Sunday of Advent)

God's time breaks into our time redemptively whenever we, in prayer and liturgy and ministry, cooperate with the divine will. It is then that the reason for honoring blessed Mary becomes clear, for we see her as the pattern for ourselves and as the first of all believers. The liturgy is always human action in union with God's action, by which God removes the barriers between our chronological time and space, and God's time, God's Kingdom. The liturgy is the point at which God's Spirit draws us into the life and the presence of the saving God. It is in the liturgy that we are revealed to be the Body of Christ and the means by which the Incarnation is extended in time and space.

In Advent we find all our times brought together in God's time, all our joys in God's joy, all our lives in God's life. In Advent we pray in these words (Eucharistic Prayer B):

We give thanks to you, O God....For in these last days you sent [Jesus] to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life. Our King and Savior now draws near: Come let us adore him.

*From The Rite Light: Reflections on the Sunday Readings and Seasons of the Church Year.
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November 27, 2022 – Advent 1 (A)
First Week of Advent: Saying “Yes” to the Journey

As Advent begins this week, we invite you to orient yourself to the coming of Jesus at Christmas through the practices of *Journeying the Way of Love*. This journey begins by saying “yes” to God’s call to birth new life into the world—a call that is both powerful and gentle, a call that will, if fully embraced, grow beyond our imaginations, spilling out of ourselves and into our family, friends, community, and the whole world. Over the course of this holy season, we invite you to respond to that call using these daily practices, and encourage you to offer them to your friends, family, and neighbors.

For more Advent resources related to the Way of Love, visit episcopalchurch.org/wayoflove. There, you’ll find links to the full Advent curriculum *Journeying the Way of Love*, as well as *Living the Way of Love in Community*, a nine-session curriculum for use anytime.

Sunday, November 27

WORSHIP

Read Luke 21:25-36. How do the symbols of the Advent season help you understand the story of Jesus? Where do you see them in your worship today?

Monday, November 28

GO

Go out of your way to have a conversation with someone you might not normally visit with today. Ask God to open your heart to hear this person as God does.

Tuesday, November 29

LEARN

Read Matthew 4:18-22. How do these verses from Matthew inspire you to read Scripture with new eyes? Try reading several different translations of this passage. See how the language might change your reading of it.

Wednesday, November 30

PRAY

Pray along with the Collect for Advent 1, found on page 211 of *The Book of Common Prayer*. Set a timer for three minutes to sit in silence and hear what God might be saying back to you.

Thursday, December 1

BLESS

We know that angels are God’s special messengers to us, and that Gabriel spent intentional time with Mary, helping her to understand her part in God’s story. Who has shared an important lesson or their presence with you this week? Thank them today with a call or note.

Friday, December 2

TURN

Read Isaiah 58. How does this reading challenge you to think about feasts and festivals differently? How might this lesson change the way you celebrate or recognize this holy season?

Saturday, December 3

REST

Put your phone on airplane mode and leave it in a dresser drawer for an hour or two. Whatever happens in that time, you can handle later. Give this time to yourself and Jesus, to rest and recharge for the week ahead.





The Diocesan Altar Guild presents an
Advent Quiet Day
Saturday, December 10, 2022



PREPARE THE WAY, O ZION

The Very Rev. Michael Sniffen, Dean of the Cathedral of the Incarnation will guide us on our Advent path to help us enjoy the season of Advent even as we prepare for the coming of Christ once again.



What: The D.A.G.'s annual Quiet Day. Treat yourself to the gift of time in the midst of the holiday rush. A little quiet can go a long way to prepare our hearts to look past some of the tinsel and enjoy the true beauty of the seasons of Advent and Christmas.

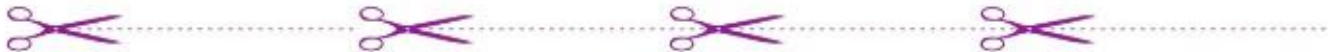
Who: Altar Guild members and *all* who wish to attend.

When: Saturday, December 10, 2022 9:30 AM – 3:00 PM

Where: The Mercer School of Theology, 36 Cathedral Ave., Garden City

Cost: \$20.00 for a catered box lunch (or you may “brown bag it”)

Questions: Please call Jane Ames 516-921-0580



Advent Quiet Day Registration

Name _____ E-mail _____

Address _____

Phone _____ Parish _____ DAG Member? Yes Not Yet

Please Circle one : Regular lunch Vegetarian Lunch No Lunch

For Box Lunch I Am enclosing a check for \$20.00 made out to “Altar Guild, Diocese of L.I.”

Please register by December 5th

Mail this registration to: Sally Bergmeyer, 3370 165th St. Flushing, NY 11358



Christmas Remembrances

We are fortunate to have a dedicated group of ladies who serve faithfully in preparing the Sanctuary for worship. The Altar Guild welcomes your gifts toward the beautification of the church for the festival celebration of the birth of our Lord. Donations marked Christmas Remembrances may be mailed to the church office P.O.

Box 887, Westhampton Beach, NY 11978 or placed in the mailbox marked Kate Gabrielsen in the Production Room, along with the names to be remembered. The deadline for submitting requests is Sunday, December 11th.

In Thanksgiving For:

In Memory of:

From:

Donation:



MORE THAN ENOUGH

Advent: I am Enough, and Together We are More than Enough

Just as much as the season reminds us to be vigilant to the subtle signs of Christ's light as we once again anticipate and revel in the remarkability of Christ's birth and his return in the Second Coming, Advent is also about preparation for impactful giving – giving back to ourselves as well as to our communities. It's about recognizing where there is potential for energy renewal and restoration in our lives, in a world where we are often asked to operate on overdrive. Renewal and sustainability go hand in hand; to use our giving-energy sustainably means employing our awareness to our fullness as individuals first. In doing so, we can identify our actual capacities to give.

The theme for this year is *more than enough*. It is difficult in today's world to look for evidence of renewal and rebirth among very real threats of scarcity, depletion, and other forms of *not enough-ness*. For many of us, it can be especially hard to find enough-ness within our own bodies. The Advent season provides a context for this search because even in the darkest of hours, hopefulness for the future can be cultivated and energized anew when we pay close attention to our needs and the needs of our community.

We are all exhausted and overwhelmed by this year's own set of yet more unprecedented circumstances. But I am constantly and lovingly reminded by one of my dearest friends that our boundaries are bountiful. To give more than what we have, to exist in of a state of depletion, does not yield a sense of *more than enough*. The miracle, however, is that if each of us can identify and act upon the bounds and limitations of how much we can give, we can show up better for ourselves and those around us, authentically and less harmfully. If we give from a place of our embodied fullness, we are honoring our full humanity. We can then sustainably grow our capacity to give back to ourselves, as well as our communities and the land that we occupy.

This is what sustainable stewardship means to me: Giving from a place of our *personal definition of plenty*. Whatever that plentifulness may look like from person to person, is bountiful. And in this way, together we can be more than enough to do the collective healing work that needs to be done. | tens.org

Elise Mills, TENS' Staff Writer, is a recent graduate, writer, and musician from San Francisco. She looks forward to taking afternoon naps with her cat. She is a member at Holy Innocents' San Francisco.



Questions For Reflection:

This Advent season is a beautiful time to turn our attention inwards and renew our commitments to tangible, impactful giving. What spiritual preparations and mindsets are necessary for you to practice sustainable giving and receiving, even beyond this season? What values and boundaries will you lovingly recommit to as you prepare for the year ahead?



Saint Mark's Episcopal Church
Vestry Meeting Minutes
October 18, 2022, 6:30 p.m. via Zoom

Members Present: Fr. Chris Jubinski, Diane Stewart, Sandy Wyman, Diane Feil, Tom Horan, Marj Kulesa, Ashley McLean, Barbara Pettus, Tom Simson, Carol Fitton

Fr. Chris called the meeting to order at 6:37 p.m. with a prayer.

Check-In Time: Fr. Chris invited Vestry members to share news and prayer concerns.

Minutes: a motion was made by Barbara, seconded by Sandy, to approve the minutes from the September 20, 2022 meeting.

Finance Report:

Bright Beginnings: Tom S reported that September tuition receipts were \$67.5K compared to \$60K in September 2021 with September expenses at \$125K compared to \$79K in September 2021. Monthly expenses were 57% higher due to higher salary expense caused by 3 payrolls in September vs. the usual 2 and due to a capital expense for \$23.5K. Net MTD income for September was -\$54.5K vs \$7.6K in September 2021. YTD 2022 net income stands at \$4.4K. \$33.6K in grant money remains on the balance sheet. (The grant money is from NY State to be used for specific purposes.)

SMC: Tom S reported a September monthly operating loss of approx. -\$30K vs. -\$43K a year ago, an improvement of 30%. YTD regular donations are up 41.5% year over year from \$96K to \$136K. YTD Other Revenue was \$54K vs \$55K a year ago, with Tom noting that we no longer receive some monthly cell tower lease income since the sale. As expected, YTD Salary and Benefit Expenses are markedly higher this year, with 2022 YTD Salary Expense at \$133.7K vs \$100.6K in 2021 (up 33%), and 2022 YTD Benefit Expense at \$93.4K vs \$42.8K in 2021 (up 118%).

Endowment: The reported balance at the end of September was \$1,320K vs. \$988.7K a year ago.

Sinkhole in Parking Lot: Fr. Chris reviewed the repair proposal and Diane reported that she received permission from the O'Brien Foundation to use up to \$75K of the \$100K received to repair the parking lot. A motion to approve the repair of the sinkhole in the parking lot was made by Sandy and seconded by Diane.

Stewardship: Barbara thanked all involved in making the kickoff reception a success. This year's campaign theme is "More Than Enough". Fr. Chris will be showing short videos at the end of each service during the campaign.

Beinecke Building: Fr. Chris reported that the negotiations are continuing to go well and are nearing a conclusion. The Diocese will put together the leasing documents. A discounted rent will be in place during the construction period.

Calendar of Events: Fr. Chris reviewed
The print out of upcoming month events was shared.

Q&A: Questions about the progress of Beinecke Building and the details of responsibility for upgrades were expressed. The Tenants will be responsible for these Items of utilities and maintenance. Also Fr. Chris explained the procedure for State approval for long term lease.

Usage of Parish Hall for services while the ceiling in the church is being repaired. Fr. Chris stated that we could be in the parish hall for a week or two.

Notes from Diane Stewart

Adjournment and Closing Prayer: The meeting was adjourned at 7:36 p.m. with prayers for the evening time.

Next Vestry Meeting: Vestry meetings are normally held on the 3rd Tuesday of the month at 6:30 p.m. Scheduled meetings are November 15, December 20 (6 p.m. at the Rectory for Dinner), January 17, February 28 (4th Tuesday due to Shrove Tuesday), March 21, and April 18. The Annual Meeting is tentatively scheduled for May 7.

Respectfully submitted,
Carol Fitton, Clerk



The Episcopal Diocese of Long Island

BROOKLYN • QUEENS • NASSAU • SUFFOLK

GUIDELINES FOR THE USE OF ALCOHOLIC BEVERAGES ON CHURCH PROPERTY

Revised October 2022

It is the responsibility of each parish vestry, Bishop's Committee or similar governing body to establish a policy for the use, service, sale and consumption of alcoholic beverages at functions taking place on church property, whether or not sponsored by members of the parish or any parish organization. This policy shall be made known to all members of the parish and to any groups in the community which may use parish facilities.

Each parish policy is subject to compliance with (i) all laws of the United States and the State of New York, specifically those relating to the use, service, sale and consumption of alcoholic beverages; (ii) Resolution A158 as adopted by the General Convention of the Episcopal Church, July 2015; and (iii) these Guidelines. Any parish is at liberty to establish a policy more restrictive than any of the aforesaid but may not establish any policy which is less restrictive.

The following guidelines shall govern the use, service, sale and consumption of alcoholic beverages on church property:

1. Any event at which alcoholic beverages are to be served must have the approval of the clergy person in charge of the parish. No alcoholic beverages shall be served during any meeting at which the business of the Church is conducted (e.g., vestry meetings).
2. Serving alcoholic beverages at church related events where minors are present is strongly discouraged. If minors are present, alcohol must be served at a separate station that is always monitored to prevent underage drinking.
3. The availability of alcoholic beverages must not be the "focal point" of any event or advertising for such event. Terms such as "cocktail party", "wine and cheese party", "beer and wine tasting" are to be avoided. This pertains to all events, whether parish sponsored or not.
4. Each parish contemplating sponsoring or providing space for a function at which alcoholic beverages are to be served should consult their insurance policy/carrier to ascertain that appropriate insurance coverage is in place. If an external organization is sponsoring the function, the parish should obtain a copy of such organization's insurance policy to ascertain that the parish is an "additional insured" under such policy and that such policy has appropriate coverage.
5. Non-alcoholic beverages (e.g., bottled water, soda, fruit juice) must be available at all such functions. If alcoholic beverages are to be sold, non-alcoholic beverages must be provided at no cost or at a lower cost than the cost of alcoholic beverages. The availability of such non-alcoholic beverages shall be prominently

displayed and shall be equally accessible to patrons. Serving areas for alcoholic and non-alcoholic beverages shall be separate.

6. If alcoholic beverages are served at any function, all beverages being served should be clearly identified as alcoholic or non-alcoholic.
7. Food should always be served at any function where alcoholic beverages are provided. Any food containing alcoholic beverages as an ingredient should be clearly labeled as such.
8. Any alcoholic beverage must be served by a person over the age of 21 appointed by the clergy person in charge of the parish. Such person must not consume alcoholic beverages during the duration of the event at which he/she is serving.
9. Specific times for the service of alcoholic beverages must be established (e.g., no "open bar"). UNDER NO CIRCUMSTANCES SHALL ALCOHOLIC BEVERAGES BE SERVED TO (i) ANY PERSON UNDER THE AGE OF 21; or (ii) TO ANY PERSON WHO APPEARS TO BE INTOXICATED OR IMPAIRED. PROOF OF AGE MUST BE DEMANDED AND PROVIDED.
10. If alcoholic beverages are to be sold, there must be compliance with New York laws requiring the obtaining of a special permit from the New York State Liquor Authority. It should be noted that each parish is limited to four (4) such permits during any twelve (12) month period. Such permits are limited to the sale of beer and wine which must be obtained from a licensed wholesaler, brewery or winery (i.e., not purchased from a retail liquor store or grocery). Such permits do NOT permit the sale/service of "hard liquor" (e.g., scotch, gin, bourbon). If it is desired to provide for sale/service of these items, the parish/organization MUST engage the services of a licensed caterer who holds an appropriate license issued by the New York State Liquor Authority.
11. If a parish function has an "admission price", "ticket price" or "donation" connected with attendance (herein called a "charge"), such charge may not vary depending on whether an individual attendee receives an alcoholic beverage (e.g., \$10 charge without access to alcohol, \$15 charge with access). Such a function may not have a "per drink" bar as an alternative nor may any alcoholic beverages other than beer or wine be served (see item 10 above).
12. The sponsoring group for any event at which alcoholic beverages are to be served shall be responsible for arranging for transportation for any person who appears to be intoxicated or whose ability to drive or otherwise return home may be impaired.

In connection with this policy, each parish shall establish, in appropriate forums (i) church school curriculum time for education regarding alcohol and substance abuse; (ii) literature about issues relating to alcohol and substance abuse; and (iii) information about referrals to programs for treatment of alcohol and substance abuse.

For purposes of this policy, the term "parish" shall refer to any individual church, religious community, worshipping community or any other group, however denominated, under the auspices of the Diocese of Long Island.



midweek
worship services

Thursdays

11am Holy Eucharist with Prayers for Healing

5pm Holy Eucharist, Evening Prayer, or Compline

feed your soul!



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Rites of Passage

November Birthdays

6 Jack DeCaro
7 Carol Fitton
8 Eleanor Kast
8 Peyton Feil
9 Geri Wyman
9 Barbara Pettus
10 Andrew Wendel
10 Timothy Feil
10 Madeline Perez
13 Nate Perez
14 Timothy Jurgielewicz
14 Daniel Perez
15 Carol Laube
16 Robert Laube
16 Kelly Pickering
18 Margaret DeCaro
19 Sundry Schermeyer
20 Janet Jurgielewicz
21 Lauren Cunneen
24 Jeanine Graviano
28 Jock McLean
30 John Kern

November Anniversaries

6 Peter & Lori Williams
17 David Melo & Lauren Andria
23 Edward & Barbara Callahan
26 Michael & Catharine Nobiletti
28 Arthur & Virginia Connolly



On the Lighter Side...



Parish Office
40 Main Street
P.O. Box 887, WHB, NY 11978
Office Phone: 631.288.2111



Parish Office Hours
T—F 9:00 a.m. to 2:00 p.m.
kate.gabrielsen@stmarkswhb.org
Kate Gabrielsen, Parish Administrator